

FEMALE ENFORCERS EVENT

Special Two-Day Course!



Hosted by Oklahoma County Sheriff's Office

Located at MetroTech South Bryant Campus
4901 S Bryant Avenue, Oklahoma City OK 73129

November 19 - 20, 2024 • 8:00 a.m. – 5:00 p.m.

Calibre Press is offering this Two-Day Event combining our highly sought-after *Female Enforcers* with our *Emotional Survival for the Female Enforcer* program.

During this lively and highly interactive seminar, attendees will receive the most current tactics focused on advanced mental, physical and tactical skills as well as tools to help manage the 24/7 emotional demands that exist in a career serving and protecting a community, home, and family. Discussions and topics will include (but are not limited to):

- Identifying Stress
- Emotional Intelligence
- Balancing Home and Career
- Self-Control and Managing Emotions
- Having it All, Doing it All, Being it All
- The Importance of Effective Communication
- Use of Force Encounters
- Tactics, Training & Equipment for the Smaller Officer
- Physical Fitness (Mind, Body and Spirit)
- Being Authentic: Embracing Our Unique Strengths
- Mentoring and Leadership
- BURNOUT
- Suicide, Depression, Addiction and Divorce

REGISTER ONLINE @ calibrepress.com

Registration Fee: \$359

For more information or to register a large group, please contact Maddie Arnold at madeline@calibrepress.com